



BE PREPARED.

**Seafarer preparedness is the best line of defence against piracy.
It is an uncomfortable topic, but preparing yourself for the unlikely
event of an attack is essential.**

Always keeping a few basic pointers in mind can be a big help!

Prepare by taking practical steps and by getting your mind-set right:

- Comply with Best Management Practices (BMP).
- Make sure that your family knows who to contact at your company and how to reach out to Sailors' Society in the unlikely event that your vessel is attacked.
- Piracy is the enemy, your crew's unity is your security.
- Detect, deter and delay!
- Look out and lock up!
- Report to relevant authorities and organisations.

During Hostage period:

- Remember it is the situation which is abnormal, not you.
- Think positively, stay calm, focused, compliant and confident.
- Maintain hygiene and good physical health the best.

Need help?

Email crisis@sailors-society.org visit www.facebook.com/SailorsSocietyCRN,
go to www.sailors-society.org/helpline or call our helpline +1-938-222-8181